

SPRING 2019



LIFELONG LEARNING OPPORTUNITIES



www.goldleafinstitute.org

207-778-7063

The Gold LEAF Institute Senior College
invites you to its

Spring Term Kick-off

Date: Wednesday, February 20

Program: 3:00 to 4:00 p.m.

Course Registrations: 4:00 to 5:00 p.m.

**Place: St. Joseph Parish Hall
130 Quebec Street
Farmington**

Bring this Program Booklet with you!

Come join us to meet the Presenters and socialize
with GLI Officers and your fellow members.
Light refreshments will be served.

Invite a prospective member to come with you!

Anyone age 50 or older interested in learning about
Gold LEAF is welcome to attend.



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Using this Booklet

GLI offers a program booklet of course listings during the Fall/Winter, Summer, and Spring terms. Course registration opens as soon as each term's booklet is printed and mailed.

Wait List

When you pay for a class and you are placed on a wait list, you should not attend the class listed in the booklet unless you receive verification from the office that you are enrolled in that class or event. If a space becomes available, you will be added to the class roster and will receive a reminder email or phone call.

You should pay for the class and if no space becomes available, a credit will be issued to you. If you think you signed up but get no notice, call or email the office.

In a few cases where class capacity is limited, a second session may be procured. The Curriculum Committee will do all it can to offer enough space in the classes you wish to attend.



Spring Term 2019

1. Let's Sing Together!

Join us for an informal weekly session where we sing (sometimes even in tune!) a variety of songs from traditional folk to old standards. No experience is required, just an interest in having some fun singing together. Playing along with a ukulele or guitar would also be welcomed. We meet weekly in the basement of the Farmington Community Center on Middle Street and once a month we conduct a sing-along with the residents of Pinewood Terrace. For more information contact Eileen Liddy at epliddy@yahoo.com.

Facilitator: Eileen Liddy

Dates: Mondays, starting February 25

Time: 12:45 to 2:00 p.m.

Location: Farmington Community Center
127 Middle Street, Farmington

Limits: Minimum 5 / Maximum 25

Fee: Free

Biography: Eileen Liddy, who started this weekly singing group, has an interest in singing with others in an informal, accepting manner, where all voices are welcome.



2. Say Something in Spanish!

Find the joy in the different sounds of one of the world's most beautiful languages. This is a beginner's course in Spanish, with easy lessons in pronunciation and usage. We will learn mainly through listening and speaking, with some attention to reading and writing. Learn how to say words and phrases that will lead to easy conversations with one another.

Presenter: Susun Terese

Dates: Mondays, February 25, March 4, 11, 18 and 25, April 1 and 8 (Snow Date Monday, April 15)

Time: 6:00 to 7:00 p.m.

Location: Education Center, Room 322

Limits: Minimum 3 / Maximum 10

Fee: \$18.00

Biography: Susun Terese has traveled to Mexico and Costa Rica, and completed an intensive language course in Ecuador in 2007. She taught high school Spanish intermittently as a substitute teacher and is a lover of language!

¿Hablas Español?

3. "Munch" and a Movie

Continuing with the thought of dining and a movie, as was offered for winter term, we are offering a once a month lunch and a movie. Theater goers can be safely home by dark. We will again choose one Academy Award winning movie presented on the big screen. Those who wish will meet for lunch at 12:30 at a chosen restaurant. Individuals will be responsible for the cost of their lunch.

February:	Oliver (1968)	2 hours 33 min
March:	Out of Africa (1985)	2 hours 41 min
April:	Ghandi (1982)	3 hours 11 min

Presenter: Susan Wahlstrom

Dates: Tuesdays, February 26, March 26 and April 23 (Snow Date Tuesday, May 7)

Time: 2:00 to 5:15 p.m. (lunch 12:30)

Location: Roberts Learning Center, Lincoln Auditorium, Room 131

Limits: Minimum 8 / Maximum None

Fee: Free

Other: A suggested donation of \$2.00 for each film will help defray Gold LEAF expenses.

Biography: Susan, past Curriculum Chair, is committed to Gold LEAF and the diverse education and socialization it offers. She regularly offers Gold LEAF classes.

4. Peace Corps Tanzania Talk

This session will recount experiences of a returned Peace Corps volunteer who recently served two years in Tanzania, East Africa. She will speak to her experience—telling stories, sharing photos, videos, and artifacts from her service. This presentation is an opportunity to learn about life in a rural village through the lens of an American woman. A chance to learn about the inner-workings of another culture is invaluable. *Karibu!* (Swahili for “Welcome”)

Presenter: Elizabeth Ferry

Date: Thursday, February 28 (Snow Date
Tuesday, March 19)

Time: 4:00 to 5:00 p.m.

Location: Olsen Student Center, North Dining Hall A

Limits: Minimum None/ Maximum None

Fee: \$6.00

Biography: Elizabeth Ferry is a '16 UMF alumni. Upon graduation, she joined the Peace Corps and returned back to Maine in late fall of 2018. She is currently an English teacher at Mt. Blue High School and will be moving to Alaska next summer.



5. Writing Fiction and Non-Fiction

Do you have stories to tell? Knowledge to share? This course offers support in developing whatever writing projects you wish to pursue. Students set personal writing goals and receive feedback on their work. Seminar discussions address topics relevant to students' work. These discussions are likely to cover such topics as organizing ideas, using words effectively, plot, character development, and research.

Presenter: Tom Kane

Dates: Fridays, March 1, 15, and 29, April 5

Time: 10:00 a.m. to 12:00 noon

Location: Education Center, Room 103

Limits: Minimum 1 / Maximum 10

Fee: \$12.00

Biography: Dr. Thomas M. Kane is the author of eight academic books, nineteen gaming-related books and over 100 shorter publications. He has extensive experience teaching writing to university students and members of the community.



6. Grimms' Tales: The Cinderella No One Knows

"Cinderella"—how well do we really know this tale? The oldest version dates from 9th century China, and hundreds of global versions exist. There's "Cinderella's" controversial cousin, "All Kinds Of Fur", that few people know because it opens with incest. We'll discuss "Cinderella" tales from our childhoods, read different versions of these two tales, see how the Grimms' edited the tales and consider what meanings lie within objects mentioned in these tales (e.g. spinning wheels). We'll consider why these tales remain popular as we discuss writers who have re-envisioned the tales, especially the instructor's book, *ALL KINDS OF FUR: Erasure Poems & New Translation of a tale from the Brothers Grimm*.

Presenter: Margaret "Peggy" Yocom
Dates: Wednesdays, March 6 and 13
Time: 2:00 to 3:30 p.m.
Location: Education Center, Room 111
Limits: Minimum 8 / Maximum 13
Fee: \$8.00

Biography: Dr. Margaret "Peggy" Yocom, George Mason University, Emerita, specializes in folktales and storytelling, among other topics. She has published on storytelling among loggers in western Maine, the tales of the Brothers Grimm, and more. See <http://margaretyocom.com>.

7. Wednesdays Spent Outdoors

When one thinks about being outdoors, many words come to mind and virtually all of them are positive. So, Wednesdays Spent Outdoors offers the opportunity to join in a range of activities in the forests, fields, and mountain heights or on the waters that abound all around us. To enjoy the beauty, the quiet, and perhaps the challenge of time spent there, we may hike, climb or paddle. The activities will be guided by participants' interests and skills. The trip details will be communicated by email. The first outing is expected to be a hike somewhere in the Kennebec Highlands.

Facilitator: Ray Stillman

Dates: March 6 and 20, April 3 and 17, May 1, 15, and 29 and June 12

Time: 9:00 a.m. or later

Location: Meet at UMF Facilities Lot or at the trailhead/put-in

Limits: Minimum 3 / Maximum 15

Fee: \$12.00

Other: Participants are expected to have proper equipment and desired items to assure their personal enjoyment and safety, i.e., hiking boots, snow shoes, back pack, life jacket, etc.

Biography: Ray has coordinated various outdoor activities in the past.

8. Exploring China

In three sessions we will travel collectively to China through visual, linguistic, and tactile experiences. We will view various areas of the Middle Kingdom that have achieved world-wide fame (the Great Wall, downtown Shanghai, the West Lake in Hangzhou), and also the tiny neighborhood where Ann Arbor and John have lived off-and-on for nearly twenty years. We will explore the pleasures and difficulties of using ideographic language rather than an alphabetic one, looking at Chinese characters and dictionaries, as well as a few long and short poems. We will investigate Chinese visual art from various traditions.

Presenter: John Rosenwald

Dates: Thursdays, March 7, April 4, and May 2

Time: 10:00 to 11:30 a.m.

Location: Roberts Learning Center, Room 023

Limits: Minimum 8 / Maximum None

Fee: \$10.00

Biography: As a child, John became fascinated with China after finding a clay box painted with a figure of a Chinese scholar and the Chinese character for “east”. He and Ann Arbor taught in Shanghai and have traveled throughout the country, translated Chinese poetry, collected and exhibited peasant paintings, lectured at more than 30 Chinese Universities, and were honored to escort UMF president Theo Kalikow on official visits to China.

9. Gold LEAF Book Discussion Group

The Gold LEAF Book Discussion Group will meet to discuss works of fiction and nonfiction. Our sessions are open and casual but also informative and stimulating. We learn from each other.

- March 12: *Secret Language* by Monica Wood
April 9: *Where the Crawdads Sing* by Delia Owens
May 7: *Still Life* by Louise Penny
June 4: *Eleanor Oliphant Is Completely Fine* by Gail Honeyman

Facilitators: Mary Viruleg & Cathy Wimett

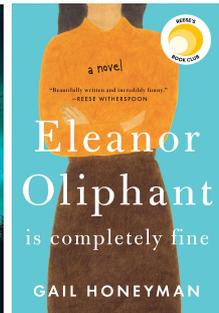
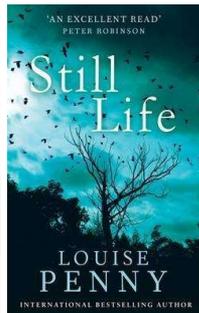
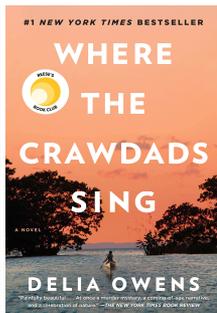
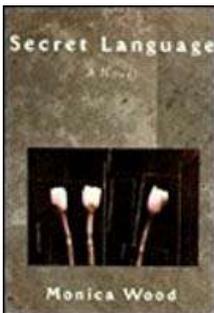
Dates: Tuesdays, March 12, April 9, May 7, June 4
(Snow Date Tuesday, March 26)

Time: 10:00 to 11:30 a.m.

Location: Farmington Municipal Building,
downstairs conference room

Limits: Minimum 6 / Maximum 14

Fee: \$12.00



10. Tour and Talk at State Crime Laboratory

The Maine State Police maintain a full service, nationally accredited crime laboratory in Augusta. There are three divisions within the crime lab: Criminal Investigation, Polygraphs, and Computer Crimes. We will be given a tour of the Crime Lab and learn a little about how it all works. Following the tour, the group will be going to lunch at the Olive Garden in Augusta. Individuals will be responsible for the cost of their lunch.

Presenter: Scott Gosselin, Crime Lab Director

Date: Thursday, March 21

Time: 9:45 a.m. to 3:00 p.m.

Location: Meet at UMF Facilities Parking Lot

Limits: Minimum 8 / Maximum 16

Fee: \$6.00



11. From Age-ism to Sage-ism: Introduction to the Wisdom Circle

“Sage-ism” is a new way of looking at life as we grow older. Whereas traditional disengagement theories encourage elders to adopt peripheral roles in contemporary culture, sage-ism suggests that elders should be at the center of a thriving community. By participating in a group activity dubbed a “wisdom circle” participants will explore how to best harvest wisdom, transmit that wisdom to future generations and give back through service. The wisdom circle is an opportunity to explore how to journey from older to elder, from age-ing to sage-ing.

Presenter: Anita Spencer

Dates: Thursdays, March 28, April 11, and May 2

Time: 1:00 to 2:30 p.m.

Location: Merrill Hall Room 226

Limits: Minimum 6 / Maximum 12

Fee: \$10.00

Biography: Anita Spencer is a retired clinical psychologist recently relocated from California. She has 40 years’ experience in multiple environments assisting individuals in developing their potential and navigating life’s challenges. She is also an author and public speaker.



12. Behind the Scenes at Fedco Seeds

What does it take to run a \$5 million consumer-worker cooperative, filling more than 40,000 orders per year with everything from seeds to garlic to trees? Find out during a two-hour tour of Fedco's operations in Clinton, Maine by talking with workers who own this 40-year-old business and watching them in action.

Those registered are encouraged to view an exhibit of Fedco's seed catalogs at the UMF Mantor and Phillips Public Libraries (March 15-June 12) and attend a talk by Fedco founder CR Lawn at 11:30 a.m., March 27 at UMF's Emery Center. The tour is sponsored by UMF's New Commons Project in partnership with UMF's Gold LEAF Institute. You need not be a member of Gold LEAF to attend.

Presenter: Jo Josephson

Date: Friday, March 29

Time: 8:45 a.m. to 1:30 p.m.

Location: Meet at UMF Facilities Parking Lot

Limits: Minimum 2 / Maximum 15

Fee: Free

Biography: Tour is led by Temple resident Jo Josephson, a consumer member of the Board of Directors of Fedco Seeds.



13. Fighting Fires in the West

It is hard to imagine what a fire covering thousands of acres must be like. Patty Cormier has firsthand experience in fighting the big fires out west. She will share with us what it is like to be on the fire line as well as give us some insights into how big fires affect the economy and what can be done to prevent them from the Department of Forestry point of view.

Presenter: Patty Cormier, District Forester
Date: Wednesday, April 10
Time: 10:00 to 11:00 a.m.
Location: Roberts Learning Center, Lincoln Auditorium, Room 131
Limits: Minimum 8 / Maximum None
Fee: \$6.00

Biography: Patty Cormier is a State of Maine District Forester with 20 years of service in this position. She has given presentations previously for Gold LEAF and her presentations are dynamic and informative.



14. New Commons Project at UMF

The New Commons Project at UMF is a humanities initiative at UMF designed to strengthen ties between UMF and the community by exploring art, literature, and cultural ideas that we hold in common. Thus far, programs presented have been very diverse ranging from John Coltrane's music to the Fedco seed catalog. As part of this overview of the New Commons project, anyone having an idea will be able to suggest it for consideration for future New Commons projects. Come and learn about this exciting project.

Presenter: Kristen Case, Project Director
Date: Thursday, April 18
Time: 1:00 to 2:00 p.m.
Location: Roberts Learning Center, Room 023
Limits: Minimum 8 / Maximum None
Fee: \$6.00

Biography: Kristen Case, Assistant Professor of English, is the New Commons Project Director. She will be assisted by Steve Grandchamp.



The New Commons Project

At the University of Maine at Farmington

15. Safe Banking Practices

Learn how to protect your money and financial accounts from scams, exploitation and identity theft. Talk about credit verses debit cards. Is online banking or use of phone apps for banking safe? Security Experts from the Franklin Savings Bank will cover these and other topics of interest.

Presenters: Bank Security Experts, FSB

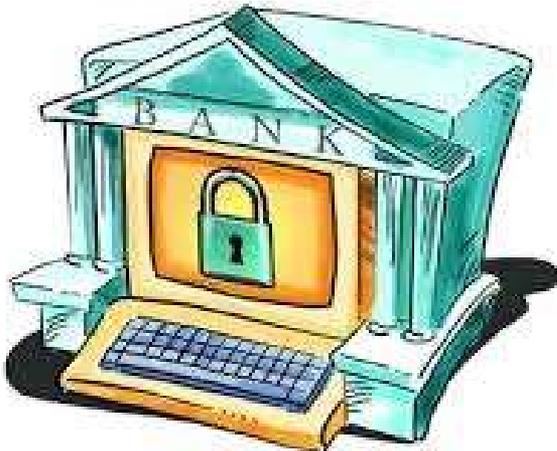
Date: Thursday, April 25

Time: 10:00 to 11:00 a.m.

Location: Roberts Learning Center, Room 023

Limits: Minimum 8 / Maximum None

Fee: \$6.00

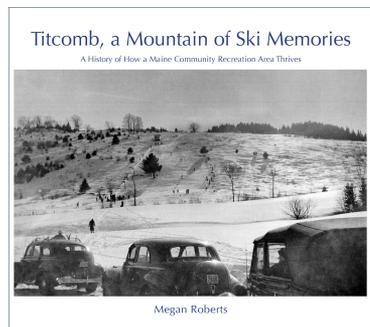


16. Titcomb Mt –Writing Books and Saving our History

Can we learn all about writing books and saving all the history of the world in two hours? Probably not, but we can get a good start on it! We will discuss how Megan went about publishing her book on the history of the Farmington Ski Club and its ownership of Titcomb Mountain; look at and discuss history and old artifacts at the Titcomb Lodge; and discuss how to go about making your own simple or complex book and preserve your history. Join us!

Presenter: Megan Roberts
Date: Tuesday, April 30
Time: 10:00 a.m. to 12:00 noon
Location: Titcomb Mountain Ski Lodge
Limits: Minimum 5/ Maximum 40
Fee: \$6.00

Biography: Megan Roberts grew up skiing at Titcomb, and spent over 30 years in the ski industry, including eight years as Manager of Titcomb Mt. She is a member of the Maine Ski Hall of Fame. Her book, *Titcomb, a Mountain of Ski Memories*, just received ISHA's Skade Award.



17. Ability + Attitudes = Action: Mental and Physical Preparation for Boosting Your Walks in the Woods

The workshop will focus on mental and physical skills that will be particularly useful to the aging hiker. Tom Jamrog is a psychologist, Maine Guide, and backpacker who has logged over 10,000 miles on wilderness trails. Tom will review the latest research on fitness, gear, physiology, recovery, endurance and goal setting.

Presenter: Tom Jamrog

Date: Thursday, May 9

Time: 9:30 to 11:00 a.m.

Location: Olsen Student Center, North Dining Hall A

Limits: Minimum None / Maximum None

Fee: \$6.00

Biography: Tom Jamrog is a Maine Guide with Uncle Tom's Guided Adventures. He is Past President of the Maine Association of School Psychology. His trip reports on trailjournals.com have exceeded 750,000 visits. Tom has maintained his backpacking/outdoor adventure website tjamrog.wordpress.com since 2008. He was awarded the Triple Crown of Hiking award from the American Long-Distance Hiking Association in 2014.



18. Fly Rod Crosby Days

Enjoy a one-hour walking tour of Phillips during Fly Rod Crosby Days, with resident Cornelia "Fly Rod" Crosby (aka Pam Matthews). This easy walk will begin on Depot St. (Phillips Area Community Center) and pass Fly Rod's last home, her birthplace, the Historical Society and other historic sites. Afterwards, you may view the Historical Society exhibits, stroll along the river to visit Ambleside (Living History Museum), visit some shops, or ride the SR&RL train (\$6).

More activities are happening at Fox Carlton Pond Camps: a Gold Panning Clinic, Exhibitors Event Center, Self-Guided Hikes, and a free lunch at Fox Hall. You might wish to buy lunch at The Local Bull (your cost) or bring a picnic lunch.

Presenter: Pam Matthews
Date: Saturday, May 18
Time: 8:45 a.m. to 3:00 p.m.
Location: Meet at UMF Facilities Lot
Limits: Minimum 6 / Maximum 20
Fee: \$6.00

Biography: Pam Matthews is author of the newly-released children's book "Cornelia 'Fly Rod' Crosby, Champion of Maine". While the book itself is geared toward children, the story is one all ages can enjoy. Pam lives with her husband, Dick, in Phillips, where they both strive to promote the community.

19. Zen Through the Lens. *Learning to See, and be, with Photography*

This is not intended to be a technical photography class. Nor is it a class on Zen! We will look at ways of becoming focused, spending time in the moment, and learning to “see” during the process of photography. Learning to see will help you stop taking snapshots, and instead, create more interesting photography. Some basic composition techniques will be discussed. Part of the first class will be spent outdoors doing photography. The second class will be dedicated to looking at the photos taken in the first session and talking about them.

Please bring a camera, or a cellphone, and have the ability to email photographs.

Presenter: Phil Poirier

Dates: Tuesdays, May 21st and 28

Time: 1:00 to 3:00 p.m.

Location: May 21 Education Center Lounge
May 28 Education Center, Room 103

Limits: Minimum 4 / Maximum 10

Fee: \$8.00

Other: You should be able to sit on the ground or carry your own chair.

Biography: Phil Poirier received a BFA from University of Southern Maine. He is a realist landscape painter, photographer, and a singer/songwriter. Phil is also an avid outdoors person.

20. Exploring Bird's Eye View Maps

Between the 1840's and 1920's over 1,800 panoramic or bird's eye view maps of communities throughout the United States and Canada were produced. Most were from the northeastern states. These maps give a pictorial record of cities and towns during the post-Civil War period and include drawings of 3-D structures, roads and streets, bridges, distant views, trees and fields, streams and rivers—the general life of a community as would be seen at an angle that only a bird could view at that time. Participants in this session will explore the wonders of Bird's Eye View Maps using one drawn by George E. Norris in 1892.

Presenter: Melvin Burnham

Date: Thursday, June 13

Time: 9:45 a.m. to 12:00 p.m.

Location: Meet at UMF Facilities Lot at 9:45 or at Skowhegan History House Museum & Research Center, 66 Elm Street, Skowhegan at 10:30

Limits: Minimum 10 / Maximum 25

Fee: \$6.00

Biography: Mr. Burnham is a 1975 UMF and 1986 UMO graduate with 30 years of service as an elementary school teacher and principal. He is an historic tour guide in Skowhegan, and Museum Educator, and a former director of the Skowhegan History House Museum & Research Center.

21. An Afternoon of Musical Theater: *Grease the Musical*

This summer, for the first time, Maine State Music Theater in Brunswick teams up with The Public Theatre of Lewiston to present *Grease the Musical*.

Grease the Musical takes you back to Rydell High's senior class of 1959: duck tailed, hot-rodding "Burger Palace Boys", and gum-snapping, hip-shaking "Pink Ladies" in bobby sox and pedal pushers—evoking the look and sound of the 1950s in this rollicking musical.

Musical performance is at 2:00. We will return at approximately 6:00, if a stop for dinner on the return is desired.

Facilitator: Susan Wahlstrom

Date: Sunday, June 23

Time: 12:30 to 6:00 p.m.

Location: Meet at UMF Facilities Lot at 12:30 or at The Public Theatre at 31 Maple Street, Lewiston at 2:00

Limits: Minimum 15 / Maximum 20

Fee: \$30.00 - Reservations required by May 15



Views on the News

Drop-in Group (No sign-up required)

This discussion group, open to Gold LEAF members, is held on the first and third Fridays of each month covering local, national, and world news. The discussion provides an opportunity to share your observations and opinions on the news and to learn from the other participants. Articles of interest are distributed among the group by email in the week prior to each meeting, and discussion topics are selected by the group at the beginning of each meeting.

Facilitator: Paul Mullin and other GLI members

Dates: First and Third Fridays: March 1 and 15,
April 5 and 19, May 3 and 17, June 7 and
21

Time: 10:00 to 11:30 a.m.

Location: Mantor Library, 2nd Floor Meeting Room

Limits: Minimum 8 / Maximum 18

Fee: Free

Other: If weather is inclement, make your own choice about travel. There will not be a message on the office phone regarding this series.



Gold LEAF Writers Club

Gold LEAF Writers is a club activity open to Gold LEAF members who have been writing for some time.

Members are usually working on a project outside of class and need an audience for feedback. This group provides that kind of structure. Along the way we'll continue to hone our skills, as we help each other gain momentum toward our goals. If you wish to join this group, please email Ann Pike at annpikeconsulting@gmail.com.

Facilitator: Ann Pike

Dates: Tuesdays, March 5 and 19, April 2, 16 and 30, May 14 and 28, June 11 and 25

Time: 10:00 to 11:30 a.m.

Location: Education Center, Room 240

Limits: Minimum 2 / Maximum 8

Fee: Free



Gold LEAF Institute Mission Statement

The Gold LEAF Institute (GLI) was established in 1997 as a member-run organization for Lifelong Education At the University of Maine at Farmington. Its members are age fifty or over (and their spouses/partners regardless of age) who:

- 1) seek intellectually stimulating activities to enhance knowledge,
- 2) and appreciate social interaction as an opportunity to build new friendships.

Gold LEAF Registration Information

- ✓ Registration will be held open for the courses which have not been fully booked until two weeks prior to the scheduled date.
- ✓ All registrations are made on a first-come, first-served basis when payment is included and are taken by mail, in person at the GLI office, or at the kick-off event. No reservations by phone or email.
- ✓ You will receive a course and registration confirmation.
- ✓ For information about the status of course offerings, call the Gold LEAF office at 778-7063 or email at goldleaf@maine.edu.
- ✓ Credit will be given for GLI events if notification is received ***seven (7) days prior*** to the event with the exception of tickets paid for in advance.
- ✓ Due to safety and liability issues, no pets are allowed at GLI events. Exceptions may be made for service animals.

Cancellation Policy

Some classes have snow or storm dates, which are used if inclement weather forecasts affect program events.

A message will be posted on the office phone if a scheduled event is being postponed.

Be sure to reserve all snow or storm dates in your personal calendar book.

Carpools: Location and Cost

For field trips, we meet in the lower end of the UMF Facilities lot, located on Route 2 (147 Farmington Falls Road) at Maple Avenue. Please arrive 10 minutes prior to departure so that there is time to set up the carpool arrangements.

Designated drivers should arrive with a full tank of gas. Upon return to Farmington, cars may stop for gas, refill and divide the cost by the number of people in the car. Parking costs are also shared.

Parking Tags

UMF parking tags can be obtained at no charge by filling out the parking permit form available at the Gold LEAF office. These parking tags do not expire. Display your tag by hanging it from the center of your rearview mirror in the middle of your front windshield.

Photo Policy

Tell us if you don't want your photo taken or shown on our photo pages on Google Photos or Facebook pages.

Gold LEAF Office Hours

The phone and email at the Gold LEAF office are checked every weekday. Staff hours in the office vary according to class and meeting schedules. You can arrange a time by calling or sending an email to request an appointment.

Always call 778-7063 to ensure the office is open. Our office is located in Room 318 of the Education Center on the corner of High and Lincoln Streets. It is on the third floor at the rear of the building with an elevator nearby. Parking is available at the Fitness and Recreation Center.

Gold LEAF Membership and Fees

Membership dues are \$30.00 per year for **July 1 - June 30**. New members may join at any time, with the annual fee pro-rated. After that, membership renewals of \$30 are due every year by June 30.

A summer-only membership is available for \$15 and runs from July 1 through October 15 of each year.

The Gold LEAF program year consists of three terms: Spring, Summer and Fall/Winter. Each term runs four months.

A person must be a senior college member to participate in activities and courses, plus pay a small course fee, if applicable.

Fees for courses will vary according to length and venue.

Gold LEAF has a scholarship program for people with limited resources. Please contact the office at 778-7063 or by email goldleaf@maine.edu.

Membership Benefits include:

- Three terms of Gold LEAF Programs
- Subscription to “Gold LEAF Happenings” newsletter
- Permanent parking tags in certain lots on the UMF Campus
- Discounts at some area merchants
- Social events with other members
- Courses at other Maine senior colleges for appropriate fees, without paying additional membership fee.

Class Locations

Education Center	186 High Street
Education Center Lounge	First FL of 186 High St entrance
Mantor Library	116 South Street
North Dining Hall (NDH)	111 South Street
Olsen Student Center	111 South Street
Preble Hall	173 High Street
Ricker Addition	246 Main Street
Roberts Learning Center and Auditorium	270 Main Street
Farmington Municipal Building	153 Farmington Falls Road (park in rear lot)
Farmington Public Library	117 Academy St. (rear)
Farmington Recreation Ctr.	127 Middle Street
UMF Facilities Lot, next to Farmington Municipal Building	147 Farmington Falls Road, across from Route 2 & Maple Avenue

**Gold LEAF Institute Senior College at
University of Maine Farmington
186 High Street**

**Theodora J. Kalikow Education Center, Room 318
 Farmington, ME 04938-6817
 207-778-7063 · E-mail: goldleaf@maine.edu
 Website: www.goldleafinstitute.org**

Board of Directors

President	Paul Mullin
1st Vice President	Joe Terranova
2nd Vice President	Ray Stillman
Secretary	Pat Stillman
Treasurer	Mark Stofan
Member-at-Large	Carol Holderried
Past-President	Mary Viruleg

Committee Chairs

Administration & Finance	Mark Stofan
Curriculum Chair	Ann Pike
Membership and Promotion	Vacant Position
Special Events	Roz Kerr
Strategic Planning	Myrna Vallette
UMF Board of Visitors & MSCN Liaison	Eileen Kreutz
Office Manager	Heidi Wilde
Office Secretary	Sydney Warman
Office Secretary	Sydney Booth

“Spring is when you feel like whistling, even with a shoe full of slush.”



UMF CAMPUS MAP



SURVEY MONKEY? What's that?

Our Curriculum Team has come up with a new way of evaluating our courses using an online evaluation program called Survey Monkey.

We are asking YOU to take an online 10-minute survey of Gold LEAF offerings. At the end of each term we will provide you with an email link to start your survey. If you don't have email, we will mail you the survey.

Here is some information about the survey.

- It is free and takes about a minute a question or less! There will be approximately nine questions.
- You can only take the survey once. Survey Monkey will remember you and will tell you if you have already taken it.
- All questions require an answer.
- It is important to give as much information as possible.*** We need input from members like you to keep offering classes that you will enjoy.

If you have any questions or comments, please let us know. This is new for us so any feedback about the survey process is welcome.

Thank you for your help in making Gold LEAF a volunteer and member driven organization that serves your needs.

**Gold LEAF Senior College at
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